



# Club Racing Sailing Instructions



## **1 RULES**

1.1 Racing will be governed by the "Rules" as defined in the *Racing Rules of Sailing*, and these Sailing Instructions. In the event of there being any conflict between documents, these Sailing Instructions will always prevail.

1.2 By taking part in club racing, all persons agree to abide by the Rules of Porthpean Sailing Club including any protocols and procedures that the committee request.

1.3 Any competitor deemed to not be following the prescriptions required in rule 1.2 above may, at the discretion of the race officer or member of the organising Committee, be disqualified from the event without redress.

## **2 Notice to Competitors**

Notices to competitors will be posted either on the Official Notice Board inside the clubhouse or on the white board outside the male changing area.

## **3 Changes to Sailing Instructions**

3.1 Any changes in the sailing instructions will be posted one hour before the advertised starting time of the race or races concerned.

3.2 Changes in the Sailing Instructions will be signalled by displaying flag "L" from the flagpole at the clubhouse. When no further changes have been made Flag "L" will be lowered after the start of the last race of that day.

## **4 Signals made Ashore.**

4.1 Signals made ashore will be hoisted on the flagpole located adjacent to the Clubhouse.

4.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 40 minutes" in "race signal AP".

## **5 Schedule of Races**

5.1 The race starting times and the series schedule are as per the published sailing program.

## **6. Postponed Races**

6.1 When races are postponed to a later date the said races may be sailed on the next scheduled day of the same series or if that is not possible on the next suitable day of the series, e.g. if an Early Spring Sunday race is postponed; the race will if possible be sailed on the next scheduled day of the Early Spring Sunday series or on a subsequent Sunday in the series. If at the close of sailing on the last day of a series, there are races that have not been sailed then those races will be deemed to be abandoned.

## **7 Racing Area**

The race areas will be within the confines of St Austell Bay in the area adjacent to the clubhouse.

## **8 Minimum Wind Strength**

8.1 Races will not be started unless the Race Officer is satisfied with the wind strength over the whole of the course.

## **9 The Courses**

9.1 The course configuration and number of rounds will be shown on the white board between the two changing rooms.

9.2 Dependant on the wind direction courses can be sailed either to port or starboard, this will be indicated by either a red or green flag flown from the rib mast.

9.3 The race officer will disqualify boats seen by the race team to have sailed the wrong course.

## **10 The Marks**

10.1 The main course marks are large inflatable marks.

10.2 Changes to marks will be shown on the white board between the two changing rooms.



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## Instructions



### **11 The Start**

- 11.1 Starting times shall be published in the sailing programme or on the notice board; the sailing programme shall also be published on the club web site.
- 11.2 Whenever possible starts shall be committee boat (RIB) starts.
- 11.21 Committee boat starts (RIB) The start line is defined as the line between the rib with a mast displaying the flags and an outer starting mark which shall be one of the rounding marks.
- 11.3 Races will be started by using RRS 26 with the warning signal given 5 minutes before the start signal. (5 4 1 Go).
- 11.4 Flag I will replace P as the preparatory signal (round the ends)
- 11.5 A boat starting later than 5 mins after her start will be scored DNS.
- 11.6 Individual recalls will be signalled in accordance with RRS 29.1 (Recalls), using IC flag X. Where no committee boat is available no flag will be flown.
- 11.7 General recalls will be signalled as prescribed by RRS 29.2 (First Substitute Flag) accompanied by two sound signals. As soon as possible after a general recall a new warning signal will be displayed.

### **12 The Finish**

- 12.1 The finishing line will be between the race-box and the whichever of the 'beach marks' is passed last unless a committee/safety boat is used when it will be between the mast of said boat and a nearby rounding mark.
- 12.2 If sufficient legs of the course have been completed to constitute a race, a race may be finished between the mast on the committee boat and any course mark in accordance with RRS 32.2

### **13 Shortening Course**

- 13.1 The race officer may shorten the course to finish the race at a convenient time, or for any reasons given in RRS Rule 32.1.
- 13.2 The signal for shortening the course will be Flag S, TWO sound signals will accompany the flag.
- 13.3 The race officer *may* choose to finish a significantly slower boat before the leading boat has finished when they judge that the completion of another lap will prolong the race such that a boat is likely to finish more than 15 minutes behind the leading boat. In this case a shorten course signal will not be shown - such signals will only apply to the leading boat.

### **14 Race Abandonment**

- 14.1 The race officer may abandon a race when flag N is displayed THREE sound signals will accompany this flag. This applies to everyone on the water and sailors should immediately head to shore.

### **15 Time Limit**

- 15.1 The following time limits will apply.
- Mark 1 Time Limit**, Time limit for the first boat to pass Mark 1. • **30 Mins**
- Race Time Limit**, Time limit for the first boat to start, sail the course and finish. • **75 Mins**
- Finishing Window**, Time limit for boats to finish **after** the first boat (from the same fleet) sails the course and finishes. **20 Mins**
- 15.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.
- 15.3 Boats failing to finish within the Finishing Window (20 mins) shall be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.

### **16 Protests and Requests for Redress**

- 16.1 Protests shall be written on forms available at the race office in the clubhouse and delivered there within 60 minutes of the last boat finishing the race, or if races are sailed "back-to-back" within 60 minutes of the finish of the last of the "back-to-back" races.
- 16.2 The closing time for receipt of protests will be posted on the notice board and protest hearings will commence as soon as possible thereafter. The protests to be heard will be posted on the notice board at the end of the protest time limit.



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## **17 Scoring**

17.1 Low Point scoring system of Appendix A within *the racing rules of sailing* will apply, modified as follows:

- a. A boat that does not Come to the Starting Area (DNC) or is disqualified (DSQ) shall be scored points for the finishing place one more than the number of boats entered in the series.
- b. A boat that does not finish (DNF) or retires from racing (RET), comes to the start line but does not Start (DNS), is On Course Side of the starting area at her starting signal and failed to cross the start line correctly, or broke rule 30.1 (OCS) - shall be scored the points for the finishing place one more than the number of boats finishing that race. This changes rule A4.2.
- c. Sailors that are carrying out a duty or are sailing at an event will be awarded average series points.

17.2 Series ties will be broken in accordance with ISAF Appendix A 8.1 and ISAF Appendix A 8.2.

17.3 Three races to be completed to constitute a series.

## **18 Sailing Handicaps**

18.1 Where class racing is not provided racing will be in the Portsmouth Yardstick Scheme (PY), as set out in the current RYA Portsmouth Number List.

18.2 The sailing subcommittee may see fit to adjust a boat's handicap or institute a personal handicap when/where appropriate.

18.3 Boats without a PY number published in the current Portsmouth Numbers List will be allocated numbers by reference to the historical Portsmouth Numbers List published by the RYA, if not found in that document a trial number will be allocated by the sailing subcommittee.

## **19 Safety Regulations**

19.1 All dinghy sailors will wear approved buoyancy aids, inflated if of that type, always when afloat.

19.2 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

19.3 A boat that retires from a race shall notify the race committee as soon as possible.

## **20 Declarations**

20.1 Signing on before each race will be necessary, signing on sheets will be available adjacent to the OOD box. Failure to sign on will require a £2.00 donation to be made to the RNLI.

20.2 A declaration must be made ashore, not later than 30 minutes after the end of the last race, to a member of the race management team, of any retirement, not previously declared to the race management team whilst afloat.

## **21 Equipment and Measurement Checks**

21.1 Boats will comply with measurement, and other rules, of their respective class associations.

21.2 Recognised pattern items can be used at the discretion of the sailing subcommittee.

21.3 The sailing subcommittee may permit a boat to use sails carrying a distinguishing number other than that required by RRS 77, Appendix G, or no distinguishing number.

## **22 Disclaimer of Liability**

22.1 Competitors participate in club events entirely at their own risk. See RRS 4, Decision to Race. The organising authority (Porthpean Sailing Club) will not accept any liability for material damage or personal injury, or death sustained prior to, during, or after the event.

### **“Risk Statement”**

Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event.

They are responsible for the safety of themselves, their crew, their boat, and their other property whether afloat or ashore.

(b) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

(c) Their boat is in good order, equipped to sail in the event and they are fit to participate.



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- (d) The provision of a race management team, safety boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities.
- (e) The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions as it can be practically provided in the circumstances.
- (f) They are responsible for ensuring that their boat is equipped and seaworthy to be able to face the extremes of weather; that there is crew sufficient in number, experience, and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- (g) The fact that the race committee conducts inspections does not reduce the responsibilities of each competitor set out in these sailing instructions.
- (h) The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with, prior to, during, or after the regatta.

## **23 Insurance**

Each participating boat shall be insured with a valid Third-Party Liability Insurance with a Minimum Cover of £3 million.

## **24 Media Rights**

24.1 By participating in this event, a competitor automatically grants to the Organising Authority and the sponsors of the event the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped, or filmed television and other reproductions of him/her during the event, and of all his/her material related to the event, without compensation.











24.2 In order to manage the events, information provided by competitors will be held on a database. The management of personal information and images will comply with General Data Protection Regulations.



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## Race Starting Signals






<p>Port/Starboard Indicates the direction of racing and that you are on station awaiting instructions from the OOD</p>			<p>No Sound Signal required</p>
<p>Warning Signal Pennant 5 Raised to signal 5 minutes</p>			<p>One Sound Signal</p>
<p>Preparatory Signal Flag "I" Raised to signal 4 minutes</p>			<p>One Sound Signal</p>
<p>One minute warning Flag "I" Lowered to signal 1 minute</p>			<p>One Sound Signal</p>
<p>Start Pennant 5 Lowered to signal The Start</p>			<p>One Sound Signal</p>



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## Other Warning Signals

<p><b><u>Individual Recall</u></b> Flag "X"</p> <p>If some competitors are deemed to be over the line raise and call out their sail numbers. Flag is removed when identified boats have restarted correctly under the requirements of "I" Round the ends</p>		<p>One Sound Signal</p>
<p><b><u>General Recall</u></b> 1st Substitute</p> <p>If more boats than can easily be identified are deemed to be over the line raise this flag.</p> <p>Wait until everyone has returned to the starting area and await a 6-minute countdown from the OOD. Flag is removed at 6 minutes a new starting sequence follows 1 minute later 5-4-1-Go.</p>		<p>Two Sound Signals</p>
<p><b><u>Postponement</u></b> Answering Pennant</p> <p>This can be flown at any time and will delay the start. EG wind has shifted, someone needs assistance etc. Flag is removed at 6 minutes a new starting sequence follows 1 minute later 5-4-1-Go.</p>		<p>Two Sound Signals</p>
<p><b><u>Shortening Course</u></b> Flag "S"</p> <p>This flag is flown to indicate that the course has been shortened. It should be shown asap when the leading boats come onto the last leg before the finish.</p>		<p>Two Sound Signals</p>
<p><b><u>Abandoning a race</u></b> Flag "N"</p> <p>For whatever reason it may be deemed necessary to abandon a race. Sailors should be encouraged to make their way ashore as quickly as possible.</p>		<p>Three Sound Signals</p>